

Dish	Per 100g	Total kcal
Sweet potato soup	303	602
halloumi	387	762
Jalapeno poppers	192	368
calamari	282	583
Crispy chicken tenders	165	650
Jumbo wings buffalo	256	1438
Jumbo wings bbq	239	1308
Jumbo wings korean	241	1253
Spicy cheese nachos	234	888
Hummus and pitta	257	579
Mexican	222	1351
French	213	1344
Korean	232	1234
American	222	1337
Sams club burger	207	1631
Moving mountains	197	1551
Piri piri chicken	194	1346
Chilli dog	217	1225
Philly dog	220	895
Pulled pork sub	209	1071
Loaded chilli con carne	126	676
Loaded pulled bbq	170	568
Loaded korean	177	544
Classic club	250	928
Veggi club	225	622
Ham and cheese	265	451
Buffalo chicken	267	1102
Veggie wrap	201	625
Caesar salad	173	1055
Greek salad	81	696
Buddha bowl	240	1057
Blt salad	112	542
Fish and chips	97	571
Steak and ale pie	186	1159
Chicken tika	169	1032
Cambodian veg	146	947
Miso broth	58	393
Burmese	206	747
Tom and mozza flat	196	734
Pepperoni hot	252	890
Texan bbq	201	967
Pesto delight	189	870
Cheesesteak	211	1081

Prosciutto	225	834
Fries	283	65
Cajun fries	285	89
Cheese sauce fries	219	153
Onion rings	255	714
Coleslaw	592	439
Garlic bread	398	478
Cheesy garlic bread	378	567
Chocolate and orange torte	290	489
Warm waffle	291	681
Crème brulee cheesecake	342	378
Salmon extra 150g	216	323
Chicken fillet extra 150g	115	172
Tofu extra 150g	100	150